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## ABYF 6 A SIDE TOURNAMENT – MARCH 2020

### Tournament Format.

**Time: 4:00pm - 9:00pm**

**Venue: Claremont High School**

- 4.00pm - 4.15pm** - Arrival / Warm up
- 4.15pm - 4.25pm** - Rules & Regulations
- 4.30pm - 4.50pm** - Group game 1
- 5.00pm - 5.20pm** - Group game 2
- 5.30pm - 5.50pm** - Group game 3
- 6.00pm - 6.20pm** - Group game 4
- 6.20pm – 6.30pm** - Maghrib prayers
- 6.35pm - 6.55pm** - Group game 5
- 7.05pm - 7.25pm** - Group game 6
- 7.35pm - 7.55pm** - Semi Finals
- 8.10pm - 8.30pm** - Finals
- 8.40pm - 9.00pm** - Trophy Presentation

### Rules and Regulations

#### 1) Squad

- 1.1 Teams will have a squad of a maximum of 8 players confirmed before the tournament begins. Semi-pro or professional players are not allowed to participate.
- 1.2 All players must be above the age of 18.
- 1.3 Changes to the squad are not permitted once the first match has been played.

#### 2) Duration of the game

- 2.1 Captains should toss a coin and the winner decides ends and kick off.
- 2.2 Each match is 20 minutes. There will be no half time during each games.
- 2.3 **Matches must start at the given designated times above.**
- 2.4 Any team which has less players due to late comers, must start the game regardless of latecomers. It is the **captain's duty to ensure his team is ready for Kick-off.**

#### 3) Substitution

- 3.1 Teams can use an unlimited number of rolling substitutions.
- 3.2 Players must enter/leave the field of play from behind their own goal line.
- 3.3 Substitutions should take place only when there is a break in play i.e. free kick / throw-on.

#### 4) [Playing Kit](#)

- 4.1 All players within a team must wear shirts of identical colours which is confirmed before the tournament begins. (Bibs will be provided if needed)
- 4.2 Players must ensure that they wear appropriate footwear - **Studded boots strictly not allowed.** Players will **not** be allowed to take the field of play with studded boots.
- 4.3 We recommend all players to play with astros to enhance the safety of all players. (moulded boots and blades are allowed although **please avoid if possible**)
- 4.4 **Shin pads are highly recommended for all players for your own safety.**

#### 5) [Ball in/out of play](#)

- 5.1 The ball can be played off the walls on each side of the pitch and can only go out of play at the ends unless kicked over the fence or into the 11-aside goals.
- 5.2 When the ball goes out of play at the goal line a corner kick or goalkeepers roll in will be awarded.
- 5.3 When the ball goes into the 11-aside goals a throw-in will be awarded.
- 5.4 The ball must be out of play when the team wishes to change goal keeper or make a substitution.

#### 6) [Methods of Scoring](#)

- 6.1 When the ball is on the floor, **goals are only allowed if the ball is shot outside the semi-circle.**
- 6.2 **Goals allowed inside the semi-circle if they are volleys or headers.**
- 6.3 After a goal is scored the game will be restarted from the goalkeeper.

#### 7) [Free kicks and Penalties](#)

- 7.1 **Slide Tackling is not allowed. A free kick will be awarded to the opposing team.** (Regardless whether the player won the ball or not).
- 7.2 When any free kick is awarded, all players from the opposing team must be 5 yards away from where the ball is placed.
- 7.3 A free kick is awarded if a player is fouled or impeded. **The attacking team can choose whether this is direct or indirect.**
- 7.4 **The penalty kick is one step only.** One re-take of the penalty will be allowed in the event one-step policy is not followed.

#### 8) [Goalkeepers Area](#)

- 8.1 All field players are allowed into their **own** goalkeepers' area at either end of the pitch.
- 8.2 **Opposition players are not allowed in their opponent's box.**
- 8.3 Goalkeepers themselves must remain within their area at all times; **infringement of any body part outside the goalkeepers box results in a penalty kick.**

#### 9) [Miscellaneous](#)

- 9.1 The scoring system will be as follows: 3 points for a win, 1 point for a draw, 0 point for a loss.
- 9.2 Matches that end in draw in semi final and final will result in 3 penalties each. Thereafter it will be sudden death.
- 9.3 The matches will have an external referee. **Decisions made by the referees are final.**
- 9.4 We expect all players to behave themselves respectfully towards other players. Basic **Islamic etiquettes should be followed** (i.e. no swearing). Red cards and 2 minutes sin-bins will be given to discipline any foul play. Red card offences will carry a 1 match suspension.
- 9.5 **Sin-bins results in the playing team being reduced to 5 players for 2 minutes.** Sin-bins will be given to players at the referee's discretion.
- 9.6 Trophies are given for the following categories:
  - Winning team of the league
  - Runner's up Medals
  - Top goal scorer

#### Disclaimer:

ABFY will not accept any liability or responsibility if a player picks up an injury during the tournament of competitive or casual play. All players in who play in the tournament, play at their own risk of injury and cannot hold ABYF or any of its members to any financial or legal compensation if they choose to accept the terms of this agreement.



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[info@abyf.org.uk](mailto:info@abyf.org.uk)



## Team Signatures

Team Name: .....

	<u>Player Name</u>	<u>Signature</u>
1.	.....	.....
2.	.....	.....
3.	.....	.....
4.	.....	.....
5.	.....	.....
6.	.....	.....
7.	.....	.....
8.	.....	.....

DATE: .....

The team captain should ensure all team members are aware and adhere to the above rules and regulations.